









Indicators	Overall									Men									Women									LHD Gender Diff. <sup>e</sup>
	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)								
Ever told they have high blood pressure (excluding pregnancy) <sup>a</sup>																												
2011	880	28.8%	(25.5 - 32.4)	25,356	28.5%	(27.8 - 29.3)	NS	329	31.4%	(26.1 - 37.2)	10,212	30.3%	(29.1 - 31.5)	NS	551	26.3%	(22.6 - 30.5)	15,144	26.9%	(25.9 - 27.9)	NS	No						
2012																												
2013	596	32.0%	(27.6 - 36.8)	17,085	30.3%	(29.2 - 31.4)	NS	241	36.5%	(29.5 - 44.0)	6,956	32.5%	(30.8 - 34.1)	NS	355	27.6%	(22.6 - 33.2)	10,129	28.2%	(26.9 - 29.6)	NS	No						
2014																												
2015	665	29.9%	(26.1 - 34.0)	17,515	29.9%	(28.9 - 30.9)	NS	304	30.1%	(24.6 - 36.2)	7,546	32.6%	(31.1 - 34.2)	NS	361	29.7%	(24.6 - 35.3)	9,969	27.2%	(26.0 - 28.5)	NS	No						
2016																												
2017	599	34.7%	(30.4 - 39.3)	15,320	30.6%	(29.6 - 31.7)	NS	253	38.5%	(31.8 - 45.7)	6,956	33.5%	(31.9 - 35.2)	NS	345	30.6%	(25.5 - 36.3)	8,357	27.8%	(26.4 - 29.2)	NS	No						
2018																												
2019	606	35.4%	(30.9 - 40.1)	15,818	31.0%	(30.0 - 31.9)	NS	274	41.3%	(34.6 - 48.4)	7,125	32.8%	(31.4 - 34.3)	+	332	29.5%	(24.0 - 35.6)	8,693	29.2%	(27.9 - 30.5)	NS	No						
2020																												
Currently taking blood pressure medication, among those ever told they have high BP																												
2011	319	79.4%	(72.7 - 84.8)	9,505	77.9%	(76.5 - 79.2)	NS	127	75.5%*	(64.7 - 83.9)	3,877	72.0%	(69.8 - 74.1)	NS	192	83.9%	(76.4 - 89.4)	5,628	84.2%	(82.5 - 85.7)	NS	No						
2012																												
2013	231	77.5%	(67.6 - 85.1)	6,747	78.5%	(76.6 - 80.3)	NS	100	70.6%*	(55.5 - 82.2)	2,828	73.1%	(70.2 - 75.9)	NS	131	86.6%	(77.3 - 92.4)	3,919	84.5%	(82.3 - 86.4)	NS	No						
2014																												
2015	244	85.9%	(78.8 - 90.9)	6,685	77.8%	(75.9 - 79.6)	NS	110	78.6%*	(66.5 - 87.2)	3,016	73.0%	(70.1 - 75.7)	NS	134	93.2%*	(86.2 - 96.8)	3,669	83.4%	(80.9 - 85.6)	+	No						
2016																												
2017	241	78.3%	(70.6 - 84.3)	5,886	78.6%	(76.8 - 80.4)	NS	110	72.9%*	(61.0 - 82.2)	2,801	74.0%	(71.3 - 76.6)	NS	130	84.6%	(75.7 - 90.7)	3,082	84.1%	(81.7 - 86.3)	NS	No						
2018																												
2019	251	78.4%	(70.2 - 84.9)	6,292	76.6%	(74.9 - 78.2)	NS	129	75.4%*	(63.6 - 84.3)	2,900	70.7%	(68.1 - 73.2)	NS	122	82.6%*	(70.9 - 90.3)	3,392	83.1%	(81.0 - 85.1)	NS	No						
2020																												
Had cholesterol checked in past 5 years <sup>a</sup>																												
2011																												
2012																												
2013																												
2014																												
2015																												
2016																												
2017	571	82.4%	(77.6 - 86.3)	14,658	84.4%	(83.4 - 85.3)	NS	239	81.7%	(75.0 - 87.0)	6,659	82.5%	(80.9 - 83.9)	NS	331	83.0%	(75.6 - 88.5)	7,992	86.2%	(84.9 - 87.5)	NS	No						
2018																												
2019	578	84.9%	(80.6 - 88.5)	14,989	83.9%	(82.9 - 84.8)	NS	263	85.2%	(78.5 - 90.1)	6,735	81.7%	(80.2 - 83.0)	NS	315	84.6%	(78.5 - 89.3)	8,254	86.1%	(84.8 - 87.3)	NS	No						
2020																												
Ever told they have high cholesterol, among those who have ever had it checked <sup>a</sup>																												
2011																												
2012																												
2013																												
2014																												
2015																												
2016																												
2017	532	31.0%	(26.5 - 35.8)	13,427	31.9%	(30.7 - 33.1)	NS	224	30.8%	(24.2 - 38.4)	6,011	33.0%	(31.3 - 34.8)	NS	307	30.8%	(25.3 - 36.9)	7,409	30.9%	(29.3 - 32.5)	NS	No						
2018																												
2019	536	28.8%	(24.6 - 33.3)	13,735	31.1%	(30.0 - 32.1)	NS	245	29.4%	(23.7 - 35.8)	6,083	31.7%	(30.1 - 33.2)	NS	291	28.2%	(22.3 - 34.9)	7,652	30.5%	(29.1 - 31.9)	NS	No						
2020																												
Currently taking cholesterol medication, among those ever told they have high cholesterol																												
2011																												
2012																												
2013																												
2014																												
2015																												
2016																												
2017	187	60.3%	(51.5 - 68.4)	5,083	60.7%	(58.5 - 62.8)	NS	75	60.6%*	(47.0 - 72.7)	2,274	62.6%	(59.4 - 65.8)	NS	111	59.4%*	(48.4 - 69.5)	2,806	58.7%	(55.7 - 61.6)	NS	No						
2018																												
2019	191	56.1%	(47.5 - 64.4)	5,194	63.4%	(61.5 - 65.4)	NS	96	61.9%*	(50.7 - 72.0)	2,313	66.0%	(63.1 - 68.7)	NS	95	50.0%*	(37.6 - 62.3)	2,881	60.9%	(58.2 - 63.6)	NS	No						
2020																												











Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Four Corners		State of NE		Sig <sup>d</sup>	Four Corners		State of NE		Sig <sup>d</sup>	Four Corners		State of NE		Sig <sup>d</sup>							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)			n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)			
Current e-cigarette use																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	589	4.3%*	(2.3 - 7.7)	14,819	4.9%	(4.3 - 5.6)	NS	250	4.9%*	(2.3 - 10.2)	6,474	5.3%	(4.5 - 6.4)	NS	339	3.7%*	(1.4 - 9.4)	8,345	4.5%	(3.7 - 5.6)	NS	No
2017	576	3.5%*	(1.8 - 6.5)	14,763	3.8%	(3.3 - 4.4)	NS	242	4.3%*	(1.7 - 10.0)	6,690	4.7%	(3.9 - 5.7)	NS	333	2.7%*	(1.1 - 6.6)	8,067	3.0%	(2.4 - 3.8)	NS	No
2018	574	4.9%	(2.8 - 8.3)	13,966	5.6%	(5.0 - 6.3)	NS	268	8.0%*	(4.3 - 14.2)	6,242	6.7%	(5.7 - 7.9)	NS	306	1.8%*	(0.5 - 6.0)	7,714	4.6%	(3.8 - 5.5)	NS	No
2019	583	4.0%*	(2.2 - 7.1)	15,127	5.9%	(5.3 - 6.6)	NS	266	4.7%*	(2.2 - 9.7)	6,839	6.7%	(5.8 - 7.8)	NS	317	3.2%*	(1.2 - 8.2)	8,288	5.2%	(4.4 - 6.2)	NS	No
2020	509	2.4%*	(1.2 - 4.9)	14,016	5.9%	(5.2 - 6.6)	-	253	3.5%*	(1.6 - 7.7)	6,413	7.4%	(6.4 - 8.5)	NS	256	1.4%*	(0.3 - 5.9)	7,603	4.4%	(3.6 - 5.3)	NS	No
<b>Overweight and Obesity</b>																						
Obese (BMI=30+) <sup>^</sup>																						
2011	846	28.3%	(24.6 - 32.2)	24,366	28.4%	(27.6 - 29.2)	NS	330	28.1%	(22.8 - 34.1)	10,102	29.2%	(28.0 - 30.4)	NS	516	28.4%	(23.7 - 33.7)	14,264	27.6%	(26.5 - 28.8)	NS	No
2012	587	27.6%	(23.3 - 32.4)	18,385	28.6%	(27.7 - 29.6)	NS	251	30.3%	(23.9 - 37.4)	7,781	29.2%	(27.9 - 30.6)	NS	336	25.0%	(19.4 - 31.5)	10,604	28.1%	(26.8 - 29.3)	NS	No
2013	573	32.4%	(27.7 - 37.5)	16,250	29.6%	(28.4 - 30.7)	NS	240	35.2%	(28.0 - 43.1)	6,860	30.8%	(29.1 - 32.5)	NS	333	29.4%	(23.7 - 35.9)	9,390	28.4%	(26.9 - 29.9)	NS	No
2014	788	31.2%	(27.3 - 35.3)	21,130	30.2%	(29.2 - 31.3)	NS	344	31.1%	(25.6 - 37.1)	9,399	31.7%	(30.2 - 33.2)	NS	444	31.3%	(26.2 - 36.9)	11,731	28.7%	(27.4 - 30.1)	NS	No
2015	613	33.6%	(29.1 - 38.3)	16,265	31.4%	(30.3 - 32.5)	NS	295	32.8%	(26.8 - 39.4)	7,323	32.9%	(31.3 - 34.6)	NS	318	34.4%	(28.0 - 41.5)	8,942	29.8%	(28.3 - 31.3)	NS	No
2016	573	29.1%	(24.9 - 33.7)	14,173	32.0%	(30.8 - 33.2)	NS	253	33.3%	(26.8 - 40.4)	6,460	32.6%	(30.8 - 34.3)	NS	320	24.6%	(19.7 - 30.3)	7,713	31.4%	(29.7 - 33.1)	NS	No
2017	562	33.9%	(29.2 - 38.9)	14,330	32.8%	(31.6 - 34.0)	NS	244	33.0%	(26.4 - 40.5)	6,753	33.2%	(31.5 - 34.9)	NS	317	34.6%	(28.3 - 41.5)	7,574	32.3%	(30.6 - 34.0)	NS	No
2018	568	38.3%	(33.4 - 43.3)	13,669	34.1%	(32.9 - 35.3)	NS	272	37.9%	(31.0 - 45.2)	6,334	34.5%	(32.8 - 36.2)	NS	296	38.7%	(32.0 - 45.8)	7,331	33.7%	(32.1 - 35.4)	NS	No
2019	565	37.0%	(32.2 - 42.1)	14,710	34.1%	(33.0 - 35.2)	NS	269	39.9%	(33.1 - 47.1)	6,891	33.6%	(32.1 - 35.1)	NS	296	33.9%	(27.4 - 41.0)	7,819	34.7%	(33.2 - 36.3)	NS	No
2020	493	36.5%	(31.5 - 41.8)	13,601	34.0%	(32.8 - 35.2)	NS	258	39.0%	(32.2 - 46.2)	6,503	34.7%	(33.0 - 36.4)	NS	235	33.8%	(26.6 - 41.7)	7,098	33.3%	(31.6 - 35.0)	NS	No
Overweight or Obese (BMI=25+)																						
2011	846	66.1%	(61.8 - 70.2)	24,366	64.9%	(64.0 - 65.8)	NS	330	70.8%	(63.8 - 76.9)	10,102	72.8%	(71.5 - 74.1)	NS	516	61.1%	(55.7 - 66.3)	14,264	56.8%	(55.5 - 58.1)	NS	No
2012	587	63.7%	(58.5 - 68.6)	18,385	65.0%	(64.0 - 66.0)	NS	251	67.3%	(59.4 - 74.4)	7,781	72.3%	(70.8 - 73.7)	NS	336	60.0%	(53.1 - 66.6)	10,604	57.6%	(56.2 - 59.0)	NS	No
2013	573	68.9%	(63.5 - 73.8)	16,250	65.5%	(64.2 - 66.7)	NS	240	73.7%	(65.6 - 80.4)	6,860	72.2%	(70.4 - 74.0)	NS	333	63.8%	(56.4 - 70.5)	9,390	58.5%	(56.8 - 60.2)	NS	No
2014	788	72.8%	(68.6 - 76.7)	21,130	66.7%	(65.6 - 67.8)	+	344	78.6%	(72.6 - 83.6)	9,399	73.8%	(72.3 - 75.3)	NS	444	66.8%	(60.6 - 72.3)	11,731	59.2%	(57.7 - 60.7)	NS	Yes
2015	613	70.1%	(65.4 - 74.5)	16,265	67.0%	(65.8 - 68.2)	NS	295	73.5%	(66.6 - 79.4)	7,323	73.4%	(71.7 - 75.1)	NS	318	66.4%	(59.6 - 72.6)	8,942	60.2%	(58.6 - 61.9)	NS	No
2016	573	66.7%	(61.0 - 71.9)	14,173	68.5%	(67.3 - 69.8)	NS	253	79.6%	(72.0 - 85.5)	6,460	74.9%	(73.1 - 76.6)	NS	320	52.8%	(45.3 - 60.3)	7,713	61.8%	(59.9 - 63.6)	NS	Yes
2017	562	69.7%	(64.7 - 74.3)	14,330	69.0%	(67.8 - 70.2)	NS	244	74.3%	(67.4 - 80.1)	6,753	75.2%	(73.5 - 76.8)	NS	317	64.9%	(57.7 - 71.6)	7,574	62.4%	(60.6 - 64.2)	NS	No
2018	568	69.3%	(64.0 - 74.1)	13,669	68.9%	(67.6 - 70.1)	NS	272	71.0%	(63.0 - 77.9)	6,334	73.9%	(72.2 - 75.5)	NS	296	67.5%	(60.4 - 73.9)	7,331	63.7%	(61.9 - 65.4)	NS	No
2019	565	71.8%	(66.8 - 76.3)	14,710	69.0%	(67.9 - 70.1)	NS	269	78.2%	(71.2 - 83.9)	6,891	73.4%	(71.8 - 74.9)	NS	296	64.8%	(57.4 - 71.6)	7,819	64.4%	(62.8 - 66.0)	NS	No
2020	493	70.0%	(64.6 - 74.9)	13,601	69.8%	(68.6 - 71.0)	NS	258	74.3%	(67.0 - 80.4)	6,503	75.3%	(73.6 - 76.8)	NS	235	65.4%	(57.1 - 72.8)	7,098	64.0%	(62.2 - 65.7)	NS	No
<b>Nutrition</b>																						
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																						
2011																						
2012																						
2013	269	26.6%	(20.1 - 34.3)	7,822	28.5%	(26.8 - 30.3)	NS	106	33.2%*	(23.1 - 45.3)	3,164	35.8%	(33.1 - 38.5)	NS	163	20.8%*	(13.2 - 31.2)	4,658	21.7%	(19.7 - 24.0)	NS	No
2014																						
2015																						
2016																						
2017																						
2018																						
2019																						
2020																						
Currently watching or reducing sodium or salt intake																						
2011																						
2012																						
2013	270	38.9%	(32.5 - 45.8)	7,818	46.3%	(44.6 - 48.1)	NS	107	40.9%*	(30.8 - 51.8)	3,165	43.4%	(40.8 - 46.0)	NS	163	37.2%	(29.1 - 46.0)	4,653	49.1%	(46.8 - 51.5)	-	No
2014																						
2015	293	50.4%	(42.5 - 58.3)	7,892	46.8%	(45.0 - 48.5)	NS	129	44.0%*	(33.2 - 55.4)	3,436	46.0%	(43.4 - 48.7)	NS	164	57.3%*	(45.4 - 68.3)	4,456	47.5%	(45.2 - 49.8)	NS	No
2016																						
2017																						
2018	284	39.8%	(33.2 - 46.8)	6,616	44.0%	(42.3 - 45.8)	NS	146	40.3%	(31.1 - 50.1)	2,950	43.0%	(40.4 - 45.6)	NS	138	39.3%	(30.4 - 48.9)	3,663	45.0%	(42.6 - 47.4)	NS	No
2019	267	41.9%	(35.0 - 49.2)	7,009	40.4%	(38.8 - 42.0)	NS	120	44.4%*	(34.1 - 55.2)	3,144	38.4%	(36.1 - 40.8)	NS	147	39.6%	(30.7 - 49.3)	3,865	42.3%	(40.1 - 44.6)	NS	No
2020																						

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Four Corners			State of NE		Sig <sup>d</sup>	Four Corners			State of NE		Sig <sup>d</sup>	Four Corners				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)
<b>Median times per day consumed fruits<sup>a</sup></b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	562	1.0	(1.0 - 1.1)	14,259	1.0	(1.0 - 1.1)	NS	234	1.0	(0.9 - 1.1)	6,436	1.0	(1.0 - 1.0)	NS	327	1.1	(1.0 - 1.5)	7,817	1.1	(1.1 - 1.2)	NS	No
2018																						
2019	548	1.0	(1.0 - 1.1)	14,423	1.0	(1.0 - 1.0)	NS	249	1.0	(1.0 - 1.1)	6,514	1.0	(1.0 - 1.0)	NS	299	1.0	(1.0 - 1.2)	7,909	1.0	(1.0 - 1.0)	NS	No
2020																						
<b>Consumed fruits less than 1 time per day<sup>a</sup></b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	562	36.8%	(32.0 - 41.9)	14,259	36.9%	(35.6 - 38.1)	NS	234	43.4%	(35.9 - 51.1)	6,436	42.0%	(40.1 - 43.8)	NS	327	30.7%	(24.7 - 37.4)	7,817	31.9%	(30.2 - 33.6)	NS	No
2018																						
2019	548	35.1%	(30.3 - 40.3)	14,423	39.5%	(38.3 - 40.6)	NS	249	36.9%	(29.9 - 44.4)	6,514	44.0%	(42.3 - 45.7)	NS	299	33.4%	(26.8 - 40.6)	7,909	35.1%	(33.5 - 36.7)	NS	No
2020																						
<b>Median times per day consumed vegetables<sup>a</sup></b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	553	1.8	(1.7 - 1.9)	14,023	1.7	(1.6 - 1.7)	NS	234	1.7	(1.6 - 1.9)	6,314	1.6	(1.6 - 1.6)	NS	318	1.8	(1.7 - 2.0)	7,703	1.7	(1.7 - 1.8)	NS	No
2018																						
2019	534	1.6	(1.5 - 1.7)	14,170	1.6	(1.6 - 1.6)	NS	244	1.6	(1.4 - 1.7)	6,394	1.5	(1.5 - 1.6)	NS	290	1.7	(1.6 - 2.0)	7,776	1.6	(1.6 - 1.7)	NS	No
2020																						
<b>Consumed vegetables less than 1 time per day<sup>a</sup></b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	553	15.6%	(12.2 - 19.8)	14,023	20.0%	(18.9 - 21.1)	NS	234	14.9%	(10.0 - 21.6)	6,314	21.9%	(20.3 - 23.5)	NS	318	16.5%	(12.1 - 22.1)	7,703	18.1%	(16.7 - 19.6)	NS	No
2018																						
2019	534	19.8%	(15.6 - 24.7)	14,170	20.8%	(19.8 - 21.8)	NS	244	20.4%	(14.6 - 27.8)	6,394	23.1%	(21.7 - 24.7)	NS	290	19.1%	(13.7 - 26.0)	7,776	18.4%	(17.2 - 19.8)	NS	No
2020																						
<b>Physical Activity</b>																						
<b>No leisure-time physical activity in past 30 days<sup>a</sup></b>																						
2011	858	26.1%	(22.7 - 29.9)	24,433	26.3%	(25.5 - 27.1)	NS	325	31.8%	(26.2 - 38.0)	9,795	27.2%	(26.0 - 28.5)	NS	533	20.3%	(16.7 - 24.4)	14,638	25.4%	(24.3 - 26.5)	NS	Yes
2012	607	20.7%	(17.1 - 24.9)	19,153	21.0%	(20.2 - 21.9)	NS	253	23.5%	(17.9 - 30.2)	7,865	20.4%	(19.3 - 21.7)	NS	354	17.9%	(13.6 - 23.1)	11,288	21.6%	(20.5 - 22.8)	NS	No
2013	559	25.4%	(21.0 - 30.3)	16,158	25.3%	(24.2 - 26.4)	NS	227	29.0%	(22.1 - 37.0)	6,567	26.3%	(24.7 - 28.1)	NS	332	21.8%	(17.0 - 27.5)	9,591	24.3%	(22.9 - 25.8)	NS	No
2014	826	21.9%	(18.4 - 25.9)	22,397	21.3%	(20.4 - 22.1)	NS	348	21.3%	(16.2 - 27.5)	9,599	21.2%	(20.0 - 22.5)	NS	478	22.5%	(18.0 - 27.8)	12,798	21.4%	(20.2 - 22.5)	NS	No
2015	616	28.5%	(24.1 - 33.3)	16,319	25.3%	(24.3 - 26.4)	NS	281	31.9%	(25.6 - 38.9)	6,997	25.3%	(23.8 - 26.9)	NS	335	25.1%	(19.3 - 32.0)	9,322	25.4%	(24.0 - 26.8)	NS	No
2016	608	21.5%	(18.1 - 25.3)	15,169	22.4%	(21.4 - 23.5)	NS	257	20.8%	(16.0 - 26.6)	6,633	20.7%	(19.3 - 22.3)	NS	351	22.2%	(17.6 - 27.5)	8,536	24.1%	(22.7 - 25.6)	NS	No
2017	561	26.7%	(22.4 - 31.5)	14,296	25.4%	(24.3 - 26.5)	NS	237	28.4%	(22.1 - 35.8)	6,456	25.7%	(24.2 - 27.4)	NS	323	25.1%	(19.6 - 31.5)	7,835	25.0%	(23.5 - 26.5)	NS	No
2018	596	22.7%	(19.2 - 26.7)	14,615	23.8%	(22.8 - 24.8)	NS	278	23.6%	(18.6 - 29.5)	6,549	23.1%	(21.7 - 24.6)	NS	318	21.8%	(17.1 - 27.5)	8,053	24.3%	(22.9 - 25.8)	NS	No
2019	574	24.8%	(20.7 - 29.5)	15,137	26.9%	(25.9 - 27.9)	NS	264	23.7%	(17.9 - 30.7)	6,852	26.5%	(25.1 - 28.0)	NS	310	26.0%	(20.4 - 32.4)	8,285	27.3%	(25.9 - 28.7)	NS	No
2020	529	21.1%	(17.4 - 25.4)	14,775	21.5%	(20.6 - 22.5)	NS	264	19.6%	(14.6 - 25.8)	6,796	20.8%	(19.5 - 22.3)	NS	265	22.6%	(17.4 - 28.9)	7,979	22.2%	(20.9 - 23.6)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Four Corners			State of NE		Sig <sup>d</sup>	Four Corners			State of NE		Sig <sup>d</sup>	Four Corners				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)
Met aerobic physical activity recommendation <sup>a</sup>																						
2011	837	49.3%	(45.0 - 53.6)	23,735	49.0%	(48.0 - 49.9)	NS	315	41.9%	(35.5 - 48.6)	9,544	47.2%	(45.8 - 48.6)	NS	522	56.9%	(51.6 - 62.0)	14,191	50.6%	(49.4 - 51.9)	NS	Yes
2012																						
2013	546	49.9%	(44.4 - 55.4)	15,730	50.1%	(48.8 - 51.4)	NS	224	44.3%	(36.6 - 52.3)	6,416	48.8%	(46.9 - 50.7)	NS	322	55.6%	(48.4 - 62.6)	9,314	51.4%	(49.7 - 53.1)	NS	No
2014																						
2015	593	45.4%	(40.5 - 50.4)	15,878	51.3%	(50.0 - 52.5)	NS	270	41.0%	(34.3 - 48.1)	6,832	51.1%	(49.2 - 53.0)	-	323	49.8%	(42.7 - 56.8)	9,046	51.4%	(49.8 - 53.1)	NS	No
2016																						
2017	550	47.9%	(42.7 - 53.0)	13,922	49.4%	(48.1 - 50.7)	NS	236	48.0%	(40.4 - 55.7)	6,309	48.8%	(46.9 - 50.7)	NS	314	47.7%	(40.9 - 54.6)	7,613	49.9%	(48.1 - 51.7)	NS	No
2018																						
2019	552	51.5%	(46.3 - 56.7)	14,579	48.0%	(46.8 - 49.2)	NS	251	46.9%	(39.5 - 54.4)	6,607	47.3%	(45.6 - 49.0)	NS	301	56.1%	(49.0 - 62.9)	7,972	48.7%	(47.1 - 50.4)	NS	No
2020																						
Met muscle strengthening recommendation <sup>a</sup>																						
2011	848	25.1%	(21.2 - 29.5)	24,204	28.1%	(27.3 - 29.0)	NS	323	26.8%	(20.7 - 33.8)	9,697	32.0%	(30.6 - 33.4)	NS	525	23.4%	(18.9 - 28.7)	14,507	24.5%	(23.4 - 25.6)	NS	No
2012																						
2013	551	25.5%	(20.5 - 31.3)	16,021	28.4%	(27.2 - 29.6)	NS	224	27.8%	(20.6 - 36.4)	6,499	31.0%	(29.2 - 32.8)	NS	327	23.2%	(16.7 - 31.3)	9,522	26.0%	(24.5 - 27.6)	NS	No
2014																						
2015	609	24.8%	(20.7 - 29.3)	16,117	31.2%	(30.1 - 32.5)	-	278	26.0%	(20.0 - 33.1)	6,893	34.9%	(33.1 - 36.8)	-	331	23.5%	(18.4 - 29.5)	9,224	27.7%	(26.2 - 29.3)	NS	No
2016																						
2017	555	31.0%	(26.3 - 36.0)	14,103	29.8%	(28.6 - 31.1)	NS	234	33.7%	(26.7 - 41.5)	6,366	32.2%	(30.4 - 34.0)	NS	320	28.1%	(22.3 - 34.6)	7,732	27.5%	(25.9 - 29.2)	NS	No
2018																						
2019	556	34.0%	(29.2 - 39.1)	14,648	34.8%	(33.7 - 35.9)	NS	255	34.0%	(27.2 - 41.5)	6,634	37.5%	(35.9 - 39.2)	NS	301	34.0%	(27.5 - 41.0)	8,014	32.1%	(30.5 - 33.7)	NS	No
2020																						
Met both aerobic physical activity and muscle strengthening recommendations <sup>a</sup>																						
2011	829	16.9%	(13.6 - 20.7)	23,567	19.0%	(18.2 - 19.8)	NS	313	15.1%	(10.6 - 21.1)	9,477	19.7%	(18.5 - 20.9)	NS	516	18.6%	(14.4 - 23.8)	14,090	18.4%	(17.4 - 19.4)	NS	No
2012																						
2013	542	16.0%	(11.9 - 21.2)	15,635	18.8%	(17.8 - 19.9)	NS	222	14.4%	(9.5 - 21.3)	6,366	19.4%	(17.9 - 21.0)	NS	320	17.6%	(11.5 - 26.0)	9,269	18.2%	(16.8 - 19.6)	NS	No
2014																						
2015	588	16.6%	(13.3 - 20.4)	15,724	21.8%	(20.7 - 22.9)	-	269	15.2%	(10.8 - 21.0)	6,757	23.3%	(21.6 - 25.1)	-	319	17.9%	(13.4 - 23.4)	8,967	20.3%	(18.9 - 21.7)	NS	No
2016																						
2017	543	20.5%	(16.6 - 25.0)	13,779	19.1%	(18.0 - 20.1)	NS	232	21.9%	(15.9 - 29.4)	6,239	19.7%	(18.3 - 21.3)	NS	311	19.0%	(14.5 - 24.5)	7,540	18.4%	(17.0 - 19.9)	NS	No
2018																						
2019	539	19.9%	(16.1 - 24.3)	14,226	20.9%	(20.0 - 21.9)	NS	247	16.9%	(12.1 - 23.0)	6,461	21.0%	(19.6 - 22.4)	NS	292	22.9%	(17.4 - 29.6)	7,765	20.9%	(19.5 - 22.3)	NS	No
2020																						
Walk for at least 10 minutes at a time for any reason during a usual week																						
2011																						
2012																						
2013																						
2014																						
2015	293	88.2%	(83.4 - 91.8)	7,895	84.6%	(83.3 - 85.8)	NS	130	85.8%	(77.7 - 91.3)	3,442	84.2%	(82.2 - 86.0)	NS	163	90.9%	(84.8 - 94.7)	4,453	85.1%	(83.4 - 86.6)	NS	No
2016																						
2017	259	83.4%	(77.4 - 88.0)	6,914	84.8%	(83.5 - 86.0)	NS	109	87.1%	(80.2 - 91.9)	3,134	84.0%	(82.0 - 85.8)	NS	150	80.6%	(71.3 - 87.4)	3,778	85.6%	(83.9 - 87.2)	NS	No
2018																						
2019																						
2020																						
Have access to safe places to walk in their neighborhood																						
2011																						
2012																						
2013																						
2014																						
2015	295	79.9%	(71.4 - 86.3)	7,893	88.4%	(87.2 - 89.4)	-	130	86.3%	(78.8 - 91.5)	3,439	88.8%	(87.2 - 90.3)	NS	165	73.0%*	(58.7 - 83.7)	4,454	87.9%	(86.3 - 89.3)	-	No
2016																						
2017	257	75.2%	(67.9 - 81.3)	6,927	88.3%	(87.3 - 89.2)	-	109	72.6%*	(61.1 - 81.8)	3,137	89.2%	(87.7 - 90.5)	-	148	77.1%	(67.1 - 84.7)	3,788	87.4%	(85.9 - 88.7)	-	No
2018																						
2019																						
2020																						

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Four Corners		State of NE		Sig <sup>d</sup>	Four Corners		State of NE		Sig <sup>d</sup>	Four Corners		State of NE		Sig <sup>d</sup>							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)			n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)			
<b>Injury</b>																						
Always wear a seatbelt when driving or riding in a car <sup>a</sup>																						
2011	853	65.6%	(61.4 - 69.6)	24,208	71.3%	(70.5 - 72.1)	-	323	54.8%	(48.2 - 61.2)	9,683	63.7%	(62.4 - 65.0)	-	530	76.7%	(71.7 - 81.0)	14,525	78.6%	(77.5 - 79.5)	NS	Yes
2012	597	62.4%	(57.2 - 67.3)	18,851	69.7%	(68.7 - 70.6)	-	248	50.8%	(43.3 - 58.3)	7,731	61.7%	(60.2 - 63.2)	-	349	73.8%	(67.2 - 79.6)	11,120	77.3%	(76.1 - 78.4)	NS	Yes
2013	552	72.6%	(67.7 - 77.1)	16,053	74.1%	(73.0 - 75.2)	NS	225	61.7%	(53.8 - 69.1)	6,520	67.0%	(65.3 - 68.7)	NS	327	83.5%	(78.1 - 87.9)	9,533	80.8%	(79.5 - 82.1)	NS	Yes
2014	797	63.1%	(58.7 - 67.4)	21,599	72.4%	(71.5 - 73.3)	-	338	51.0%	(44.4 - 57.6)	9,241	64.7%	(63.2 - 66.2)	-	459	75.3%	(70.2 - 79.8)	12,358	79.8%	(78.7 - 80.9)	NS	Yes
2015	608	68.1%	(63.1 - 72.6)	16,136	75.4%	(74.4 - 76.4)	-	278	54.3%	(47.1 - 61.3)	6,900	68.2%	(66.5 - 69.9)	-	330	81.8%	(76.1 - 86.3)	9,236	82.3%	(81.1 - 83.4)	NS	Yes
2016	581	67.8%	(62.5 - 72.7)	14,628	73.8%	(72.7 - 74.9)	NS	247	58.6%	(50.5 - 66.3)	6,370	66.8%	(65.0 - 68.5)	NS	334	77.3%	(70.7 - 82.7)	8,258	80.6%	(79.2 - 81.8)	NS	Yes
2017	559	72.2%	(67.3 - 76.7)	14,160	76.3%	(75.2 - 77.3)	NS	238	61.8%	(54.2 - 68.9)	6,393	70.4%	(68.8 - 72.0)	NS	320	82.5%	(76.6 - 87.2)	7,762	82.0%	(80.7 - 83.3)	NS	Yes
2018	567	62.3%	(57.0 - 67.4)	13,968	75.2%	(74.1 - 76.2)	-	263	55.7%	(48.1 - 63.1)	6,256	69.0%	(67.4 - 70.6)	-	304	68.8%	(61.0 - 75.6)	7,702	81.1%	(79.8 - 82.4)	-	No
2019																						
2020	507	68.5%	(63.2 - 73.4)	14,029	76.7%	(75.7 - 77.7)	-	254	56.4%	(49.0 - 63.6)	6,434	70.2%	(68.6 - 71.7)	-	253	80.8%	(73.1 - 86.8)	7,595	83.0%	(81.8 - 84.2)	NS	Yes
Texted while driving in past 30 days																						
2011																						
2012	321	28.7%	(22.8 - 35.3)	11,451	26.8%	(25.6 - 27.9)	NS	128	29.4%*	(20.7 - 40.0)	4,757	29.2%	(27.5 - 31.0)	NS	193	28.0%	(20.6 - 36.9)	6,694	24.4%	(22.8 - 26.0)	NS	No
2013																						
2014																						
2015	294	22.0%	(16.6 - 28.5)	7,620	24.9%	(23.3 - 26.6)	NS	142	26.6%	(18.7 - 36.3)	3,209	27.6%	(25.0 - 30.3)	NS	152	17.4%	(10.8 - 26.8)	4,411	22.3%	(20.3 - 24.4)	NS	No
2016																						
2017	277	20.5%	(14.7 - 27.7)	6,452	26.6%	(24.9 - 28.4)	NS	119	17.2%	(10.5 - 26.9)	2,894	29.9%	(27.4 - 32.6)	-	157	23.7%*	(15.3 - 34.8)	3,555	23.4%	(21.2 - 25.8)	NS	No
2018																						
2019																						
2020																						
Talked on a cell phone while driving in past 30 days																						
2011																						
2012	318	72.2%	(66.4 - 77.3)	11,424	69.1%	(68.0 - 70.2)	NS	128	75.1%	(66.3 - 82.2)	4,742	71.5%	(69.9 - 73.2)	NS	190	69.6%	(61.6 - 76.6)	6,682	66.7%	(65.2 - 68.2)	NS	No
2013																						
2014																						
2015	295	69.4%	(62.3 - 75.7)	7,604	67.0%	(65.3 - 68.6)	NS	141	68.4%*	(58.3 - 77.0)	3,203	71.0%	(68.5 - 73.3)	NS	154	70.3%*	(59.9 - 79.0)	4,401	63.1%	(60.8 - 65.2)	NS	No
2016																						
2017	278	65.6%	(58.8 - 71.8)	6,436	66.5%	(64.8 - 68.2)	NS	121	75.9%	(67.2 - 82.9)	2,888	71.2%	(68.7 - 73.6)	NS	156	55.5%	(45.7 - 64.8)	3,545	61.9%	(59.5 - 64.3)	NS	Yes
2018																						
2019																						
2020																						
Had a fall in past year, aged 45 years and older																						
2011																						
2012	453	24.4%	(20.2 - 29.3)	13,738	28.8%	(27.7 - 29.9)	NS	184	23.4%	(17.1 - 31.0)	5,384	26.9%	(25.3 - 28.5)	NS	269	25.4%	(20.0 - 31.8)	8,354	30.5%	(29.1 - 31.9)	NS	No
2013																						
2014	598	24.6%	(21.0 - 28.6)	15,671	26.1%	(25.1 - 27.1)	NS	255	19.1%	(14.6 - 24.6)	6,513	24.5%	(23.0 - 26.1)	NS	343	30.2%	(24.9 - 36.0)	9,158	27.6%	(26.2 - 29.0)	NS	Yes
2015																						
2016	447	30.6%	(26.0 - 35.7)	10,369	29.0%	(27.7 - 30.3)	NS	191	31.1%	(24.3 - 38.9)	4,333	28.1%	(26.2 - 30.1)	NS	256	30.0%	(24.4 - 36.4)	6,036	29.7%	(28.0 - 31.5)	NS	No
2017																						
2018	432	25.5%	(20.9 - 30.6)	9,873	25.3%	(24.0 - 26.5)	NS	201	24.5%	(18.0 - 32.3)	4,281	23.3%	(21.5 - 25.1)	NS	231	26.4%	(20.5 - 33.3)	5,586	27.1%	(25.4 - 28.9)	NS	No
2019																						
2020	369	22.1%	(17.8 - 27.2)	9,698	23.7%	(22.5 - 24.9)	NS	182	18.5%	(13.0 - 25.6)	4,173	22.7%	(21.0 - 24.5)	NS	187	26.0%	(19.6 - 33.6)	5,525	24.5%	(23.0 - 26.2)	NS	No
Injured due to a fall in past year, aged 45 years and older																						
2011																						
2012	453	7.7%	(5.3 - 11.2)	13,719	9.9%	(9.2 - 10.6)	NS	184	6.4%*	(3.4 - 11.7)	5,377	7.7%	(6.7 - 8.7)	NS	269	9.0%	(5.6 - 14.2)	8,342	11.8%	(10.9 - 12.9)	NS	No
2013																						
2014	595	7.3%	(5.5 - 9.7)	15,647	8.8%	(8.2 - 9.5)	NS	254	4.9%	(2.9 - 8.2)	6,502	6.8%	(6.0 - 7.7)	NS	341	9.8%	(7.0 - 13.7)	9,145	10.6%	(9.7 - 11.6)	NS	No
2015																						
2016	447	8.9%	(6.5 - 12.0)	10,367	10.1%	(9.3 - 11.0)	NS	191	6.7%	(3.8 - 11.7)	4,333	7.8%	(6.8 - 9.0)	NS	256	11.3%	(7.9 - 15.9)	6,034	12.2%	(11.0 - 13.6)	NS	No
2017																						
2018	432	8.4%	(5.6 - 12.5)	9,865	9.7%	(8.8 - 10.6)	NS	201	8.2%*	(4.1 - 15.6)	4,279	7.7%	(6.6 - 9.1)	NS	231	8.7%	(5.4 - 13.5)	5,580	11.5%	(10.3 - 12.9)	NS	No
2019																						
2020	369	5.6%	(3.7 - 8.5)	9,687	8.0%	(7.3 - 8.8)	NS	182	3.4%*	(1.7 - 6.6)	4,166	6.8%	(5.8 - 7.9)	NS	187	8.0%	(4.8 - 13.1)	5,521	9.1%	(8.1 - 10.3)	NS	No

Indicators	Overall				Men				Women				LHD Diff. <sup>e</sup>			
	Four Corners		State of NE		Four Corners		State of NE		Four Corners		State of NE					
	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> (Low - High))	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> (Low - High))	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> (Low - High))	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> (Low - High))	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> (Low - High))		n <sup>a</sup>	mean or % <sup>b</sup> (95% C.I. <sup>c</sup> (Low - High))	Sig <sup>d</sup>
<b>Mental Health</b>																
Ever told they have depression																
2011	879	16.4% (13.6 - 19.6)	25,333	16.8% (16.2 - 17.5)	NS	329	11.3% (7.7 - 16.5)	10,198	11.5% (10.7 - 12.4)	NS	550	21.4% (17.6 - 25.8)	15,135	22.0% (21.0 - 23.0)	NS	Yes
2012	604	16.9% (13.5 - 21.0)	19,115	16.7% (16.0 - 17.5)	NS	252	10.8% (7.3 - 15.9)	7,853	12.4% (11.4 - 13.5)	NS	352	22.9% (17.4 - 29.5)	11,262	20.9% (19.8 - 22.1)	NS	Yes
2013	594	16.0% (12.1 - 20.9)	17,065	18.2% (17.3 - 19.2)	NS	241	10.0% (6.0 - 16.2)	6,940	12.9% (11.6 - 14.2)	NS	353	22.0% (15.9 - 29.6)	10,125	23.4% (22.0 - 24.8)	NS	No
2014	825	15.3% (12.2 - 18.9)	22,346	17.7% (16.9 - 18.6)	NS	347	10.3% (6.1 - 16.9)	9,582	13.0% (11.8 - 14.2)	NS	478	20.1% (16.1 - 24.9)	12,764	22.3% (21.1 - 23.5)	NS	No
2015	667	16.7% (13.3 - 20.7)	17,485	17.5% (16.7 - 18.5)	NS	305	9.9% (6.7 - 14.4)	7,534	12.4% (11.3 - 13.7)	NS	362	23.5% (17.9 - 30.1)	9,951	22.5% (21.2 - 23.8)	NS	Yes
2016	608	17.3% (13.8 - 21.3)	15,138	17.8% (16.8 - 18.8)	NS	257	14.0% (9.5 - 20.1)	6,609	12.1% (10.9 - 13.4)	NS	351	20.5% (15.8 - 26.3)	8,529	23.4% (21.8 - 25.0)	NS	No
2017	597	18.7% (14.8 - 23.4)	15,299	19.4% (18.5 - 20.5)	NS	252	12.8% (8.2 - 19.4)	6,937	13.0% (11.8 - 14.2)	NS	344	24.7% (18.9 - 31.5)	8,355	25.8% (24.3 - 27.3)	NS	No
2018	594	19.0% (15.0 - 23.7)	14,608	17.3% (16.3 - 18.3)	NS	277	13.9% (9.2 - 20.3)	6,549	11.5% (10.3 - 12.8)	NS	317	24.0% (18.1 - 31.1)	8,045	22.9% (21.5 - 24.5)	NS	No
2019	608	11.9% (9.1 - 15.5)	15,813	16.2% (15.4 - 17.1)	NS	275	9.2% (6.2 - 13.6)	7,126	10.6% (9.7 - 11.7)	NS	333	14.6% (10.3 - 20.5)	8,687	21.7% (20.4 - 23.1)	NS	No
2020	529	15.3% (11.9 - 19.4)	14,748	16.8% (15.8 - 17.7)	NS	265	11.4% (7.8 - 16.4)	6,785	11.4% (10.3 - 12.5)	NS	264	19.2% (13.8 - 26.1)	7,963	22.1% (20.6 - 23.6)	NS	No
Frequent Mental Distress in past 30 days																
2011	870	7.8% (5.8 - 10.3)	25,036	9.2% (8.7 - 9.7)	NS	328	6.0% (3.4 - 10.4)	10,097	7.7% (7.0 - 8.4)	NS	542	9.5% (6.9 - 12.9)	14,939	10.7% (9.9 - 11.5)	NS	No
2012	602	7.9% (5.4 - 11.3)	18,935	9.0% (8.4 - 9.7)	NS	250	6.7%* (3.4 - 12.6)	7,786	7.4% (6.6 - 8.3)	NS	352	9.0% (5.8 - 13.7)	11,149	10.6% (9.7 - 11.5)	NS	No
2013	586	6.8% (4.0 - 11.4)	16,889	8.9% (8.2 - 9.6)	NS	236	4.1%* (1.9 - 8.6)	6,889	6.8% (5.9 - 7.9)	NS	350	9.4%* (4.8 - 17.8)	10,000	10.9% (9.8 - 12.0)	NS	No
2014	813	7.9% (5.4 - 11.4)	22,132	8.2% (7.6 - 8.8)	NS	345	5.7%* (2.4 - 13.1)	9,483	6.4% (5.6 - 7.3)	NS	468	10.1% (7.2 - 14.1)	12,649	9.9% (9.0 - 10.8)	NS	No
2015	661	8.2% (5.6 - 11.8)	17,369	8.9% (8.2 - 9.6)	NS	303	5.2% (3.0 - 8.9)	7,491	6.9% (6.0 - 7.9)	NS	358	11.2% (6.8 - 17.8)	9,878	10.8% (9.8 - 11.9)	NS	No
2016	605	6.9% (4.9 - 9.6)	15,035	9.5% (8.7 - 10.4)	NS	255	5.1%* (2.7 - 9.2)	6,568	7.0% (6.0 - 8.1)	NS	350	8.7% (5.7 - 12.9)	8,467	12.0% (10.8 - 13.3)	NS	No
2017	596	10.4% (7.3 - 14.6)	15,179	10.5% (9.7 - 11.4)	NS	253	5.5%* (3.0 - 10.0)	6,894	7.6% (6.7 - 8.6)	NS	342	15.3% (10.1 - 22.5)	8,278	13.4% (12.2 - 14.7)	NS	Yes
2018	594	13.0% (9.6 - 17.3)	14,490	11.2% (10.4 - 12.1)	NS	277	8.9% (5.3 - 14.6)	6,498	9.2% (8.1 - 10.4)	NS	317	16.9% (11.7 - 23.8)	7,979	13.2% (12.0 - 14.5)	NS	No
2019	602	9.0% (6.4 - 12.6)	15,699	11.3% (10.5 - 12.1)	NS	272	8.5% (5.2 - 13.8)	7,076	8.6% (7.7 - 9.6)	NS	330	9.5% (5.9 - 14.9)	8,623	13.9% (12.7 - 15.1)	NS	No
2020	526	6.0% (4.1 - 8.6)	14,624	11.9% (11.1 - 12.8)	-	262	5.7% (3.3 - 9.5)	6,735	9.1% (8.1 - 10.3)	NS	264	6.4% (3.8 - 10.5)	7,889	14.6% (13.3 - 15.9)	-	No
Currently taking medication or receiving treatment for a mental health condition																
2011																
2012	263	11.4% (7.8 - 16.2)	6,643	11.0% (10.0 - 12.1)	NS	114	10.9% (6.3 - 18.1)	2,693	7.4% (6.2 - 8.9)	NS	149	11.8% (7.0 - 19.4)	3,950	14.5% (12.9 - 16.2)	NS	No
2013																
2014																
2015																
2016																
2017																
2018																
2019																
2020																
Symptoms of serious mental illness in past 30 days																
2011																
2012	260	1.4%* (0.5 - 3.7)	6,555	3.2% (2.6 - 3.9)	NS	114	1.2%* (0.2 - 5.9)	2,657	2.5% (1.8 - 3.7)	NS	146	1.5%* (0.4 - 5.8)	3,898	3.8% (2.9 - 4.9)	NS	No
2013																
2014																
2015																
2016																
2017																
2018																
2019																
2020																
<b>Alcohol and Drug Use</b>																
Any alcohol consumption in past 30 days																
2011	849	61.3% (57.0 - 65.4)	24,051	61.8% (60.9 - 62.7)	NS	323	69.5% (62.9 - 75.4)	9,597	67.7% (66.4 - 69.1)	NS	526	52.8% (47.5 - 58.1)	14,454	56.2% (55.0 - 57.4)	NS	Yes
2012	599	60.2% (55.2 - 65.1)	18,891	61.3% (60.3 - 62.3)	NS	249	63.8% (56.2 - 70.8)	7,749	68.7% (67.2 - 70.1)	NS	350	56.7% (49.9 - 63.2)	11,142	54.2% (52.8 - 55.6)	NS	No
2013	577	55.3% (49.8 - 60.6)	16,614	57.5% (56.2 - 58.7)	NS	236	60.8% (52.8 - 68.2)	6,754	63.3% (61.4 - 65.2)	NS	341	49.7% (42.5 - 56.8)	9,860	51.8% (50.2 - 53.5)	NS	No
2014	799	60.7% (56.3 - 65.0)	21,612	59.2% (58.1 - 60.3)	NS	337	68.4% (61.9 - 74.3)	9,246	65.2% (63.6 - 66.8)	NS	462	53.2% (47.3 - 59.0)	12,366	53.4% (52.0 - 54.9)	NS	Yes
2015	634	56.0% (51.1 - 60.8)	16,939	57.6% (56.4 - 58.8)	NS	292	65.0% (58.2 - 71.2)	7,282	63.8% (62.0 - 65.5)	NS	342	46.9% (40.3 - 53.6)	9,657	51.6% (50.0 - 53.2)	NS	Yes
2016	587	52.2% (46.8 - 57.5)	14,723	59.8% (58.5 - 61.0)	-	249	58.4% (50.2 - 66.1)	6,421	68.0% (66.1 - 69.8)	-	338	45.9% (39.0 - 52.9)	8,302	51.8% (50.0 - 53.6)	NS	No
2017	573	58.7% (53.7 - 63.6)	14,640	60.2% (58.9 - 61.4)	NS	242	65.3% (58.0 - 72.0)	6,630	66.2% (64.5 - 68.0)	NS	330	52.4% (45.6 - 59.1)	8,004	54.3% (52.5 - 56.0)	NS	No
2018	569	55.2% (49.9 - 60.4)	14,055	58.8% (57.5 - 60.0)	NS	263	56.3% (48.5 - 63.8)	6,289	64.2% (62.5 - 66.0)	NS	306	54.1% (47.0 - 61.1)	7,756	53.5% (51.8 - 55.3)	NS	No
2019	578	62.7% (57.8 - 67.4)	15,159	59.5% (58.3 - 60.6)	NS	263	67.3% (60.1 - 73.7)	6,844	64.2% (62.6 - 65.8)	NS	315	58.0% (51.2 - 64.6)	8,315	54.9% (53.3 - 56.5)	NS	No
2020	499	61.8% (56.5 - 66.8)	14,047	60.0% (58.8 - 61.2)	NS	249	60.5% (53.1 - 67.5)	6,439	64.1% (62.4 - 65.8)	NS	250	63.0% (55.5 - 70.0)	7,608	56.0% (54.3 - 57.7)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>							
	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>		
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>
Binge drank in past 30 days <sup>a</sup>																							
2011	846	22.4%	(18.7 - 26.4)	23,948	22.7%	(21.9 - 23.5)	NS	321	29.4%	(23.5 - 36.1)	9,533	30.2%	(28.9 - 31.5)	NS	525	15.1%	(11.5 - 19.6)	14,415	15.7%	(14.7 - 16.7)	NS	Yes	
2012	594	21.3%	(17.2 - 26.2)	18,742	22.1%	(21.3 - 23.0)	NS	245	26.6%	(20.2 - 34.2)	7,664	29.1%	(27.6 - 30.5)	NS	349	16.2%	(11.3 - 22.8)	11,078	15.5%	(14.5 - 16.6)	NS	No	
2013	573	16.1%	(12.3 - 20.8)	16,500	20.0%	(19.0 - 21.1)	NS	234	22.0%	(15.8 - 29.7)	6,687	25.2%	(23.6 - 26.9)	NS	339	10.1%	(6.5 - 15.4)	9,813	15.0%	(13.8 - 16.4)	NS	Yes	
2014	792	21.8%	(18.1 - 26.0)	21,443	20.3%	(19.4 - 21.3)	NS	332	30.3%	(24.1 - 37.3)	9,149	28.8%	(25.3 - 28.3)	NS	460	13.6%	(10.1 - 18.0)	12,294	14.1%	(13.0 - 15.3)	NS	Yes	
2015	633	17.5%	(14.1 - 21.6)	16,832	19.5%	(18.5 - 20.5)	NS	292	22.5%	(17.0 - 29.2)	7,216	26.0%	(24.4 - 27.8)	NS	341	12.5%	(8.9 - 17.2)	9,616	13.1%	(12.0 - 14.3)	NS	No	
2016	584	17.3%	(13.3 - 22.0)	14,620	20.0%	(18.9 - 21.1)	NS	249	23.2%	(17.0 - 30.8)	6,367	27.2%	(25.4 - 29.0)	NS	335	11.2%	(7.0 - 17.3)	8,253	13.1%	(11.9 - 14.4)	NS	No	
2017	569	24.2%	(19.6 - 29.3)	14,534	20.6%	(19.5 - 21.7)	NS	241	31.4%	(24.3 - 39.6)	6,562	27.3%	(25.6 - 29.0)	NS	327	17.0%	(12.2 - 23.3)	7,966	14.2%	(12.9 - 15.6)	NS	Yes	
2018	564	14.8%	(11.3 - 19.2)	13,940	21.2%	(20.1 - 22.2)	-	258	15.5%	(11.0 - 21.4)	6,215	27.7%	(26.0 - 29.4)	-	306	14.2%	(9.3 - 21.2)	7,715	14.9%	(13.7 - 16.3)	NS	No	
2019	572	20.9%	(16.7 - 25.7)	15,025	20.9%	(19.9 - 21.9)	NS	259	30.2%	(23.5 - 37.7)	6,763	26.1%	(24.7 - 27.7)	NS	313	11.6%	(7.5 - 17.7)	8,262	15.7%	(14.4 - 17.1)	NS	Yes	
2020	494	20.4%	(16.2 - 25.4)	13,926	20.4%	(19.4 - 21.5)	NS	248	26.5%	(20.3 - 33.8)	6,374	26.6%	(25.0 - 28.3)	NS	246	14.2%	(9.1 - 21.5)	7,552	14.4%	(13.1 - 15.7)	NS	No	
Heavy drinking in past 30 days																							
2011	842	6.6%	(4.7 - 9.2)	23,906	7.5%	(7.0 - 8.1)	NS	319	7.8%	(4.7 - 12.7)	9,514	9.2%	(8.4 - 10.2)	NS	523	5.3%	(3.5 - 7.9)	14,392	5.9%	(5.2 - 6.6)	NS	No	
2012	597	7.7%	(5.2 - 11.4)	18,738	7.2%	(6.6 - 7.7)	NS	248	11.5%	(7.1 - 18.0)	7,668	8.5%	(7.7 - 9.4)	NS	349	4.1%*	(2.0 - 8.0)	11,070	5.9%	(5.3 - 6.6)	NS	No	
2013	575	1.9%	(1.0 - 3.3)	16,513	6.8%	(6.2 - 7.5)	-	235	1.5%*	(0.5 - 4.2)	6,698	7.3%	(6.4 - 8.3)	-	340	2.2%*	(1.1 - 4.3)	9,815	6.3%	(5.5 - 7.2)	-	No	
2014	790	7.6%	(5.2 - 11.1)	21,447	6.4%	(5.9 - 7.0)	NS	332	9.9%	(5.7 - 16.4)	9,158	7.5%	(6.7 - 8.5)	NS	458	5.4%	(3.5 - 8.4)	12,289	5.3%	(4.7 - 6.1)	NS	No	
2015	630	4.6%	(3.1 - 7.0)	16,815	5.7%	(5.1 - 6.4)	NS	291	4.6%	(2.6 - 8.1)	7,214	7.0%	(6.0 - 8.1)	NS	339	4.7%*	(2.6 - 8.4)	9,601	4.6%	(3.9 - 5.3)	NS	No	
2016	584	6.0%	(3.7 - 9.5)	14,634	6.6%	(5.9 - 7.3)	NS	246	7.5%	(4.4 - 12.4)	6,376	8.0%	(7.0 - 9.1)	NS	338	4.5%*	(1.7 - 11.1)	8,258	5.2%	(4.4 - 6.2)	NS	No	
2017	570	7.3%	(5.0 - 10.3)	14,534	7.0%	(6.3 - 7.7)	NS	241	8.2%	(5.0 - 13.1)	6,566	8.2%	(7.2 - 9.3)	NS	328	6.4%	(3.7 - 10.8)	7,963	5.8%	(4.9 - 6.7)	NS	No	
2018	565	6.0%	(4.3 - 8.4)	13,944	7.1%	(6.4 - 7.8)	NS	259	6.8%	(4.1 - 10.4)	6,216	8.2%	(7.2 - 9.3)	NS	306	5.5%	(3.3 - 8.9)	7,720	6.0%	(5.2 - 7.0)	NS	No	
2019	571	6.7%	(4.4 - 10.0)	15,037	6.2%	(5.7 - 6.8)	NS	258	9.0%	(5.5 - 14.5)	6,775	7.1%	(6.3 - 7.9)	NS	313	4.3%*	(2.0 - 8.9)	8,262	5.4%	(4.7 - 6.2)	NS	No	
2020	492	9.6%	(6.8 - 13.4)	13,927	7.4%	(6.7 - 8.1)	NS	247	10.2%	(6.6 - 15.4)	6,365	8.4%	(7.4 - 9.5)	NS	245	9.1%	(5.2 - 15.3)	7,562	6.4%	(5.5 - 7.3)	NS	No	
Alcohol impaired driving in past 30 days																							
2011																							
2012	597	5.7%	(3.4 - 9.3)	18,895	3.4%	(3.1 - 3.8)	NS	249	8.0%	(4.4 - 14.0)	7,741	5.5%	(4.9 - 6.3)	NS	348	3.4%*	(1.3 - 8.9)	11,154	1.4%	(1.1 - 1.8)	NS	No	
2013																							
2014	797	2.1%	(1.2 - 3.8)	21,627	2.5%	(2.2 - 2.9)	NS	336	4.3%	(2.4 - 7.7)	9,242	4.2%	(3.5 - 4.9)	NS	461	0.0%*	(0.0 - 0.0)	12,385	1.0%	(0.7 - 1.3)	-	Yes	
2015																							
2016	583	2.0%*	(0.8 - 4.8)	14,666	3.4%	(2.9 - 3.9)	NS	247	3.2%*	(1.1 - 9.0)	6,383	5.1%	(4.3 - 6.0)	NS	336	0.8%*	(0.3 - 2.3)	8,283	1.7%	(1.3 - 2.4)	NS	No	
2017																							
2018	567	2.4%	(1.3 - 4.1)	13,977	3.0%	(2.6 - 3.4)	NS	263	3.3%*	(1.7 - 6.5)	6,245	4.4%	(3.7 - 5.2)	NS	304	1.4%*	(0.5 - 3.7)	7,722	1.6%	(1.2 - 2.1)	NS	No	
2019																							
2020	506	5.1%	(3.2 - 7.9)	14,048	2.5%	(2.1 - 2.9)	+	254	7.8%	(4.7 - 12.7)	6,437	3.7%	(3.1 - 4.4)	+	252	2.3%*	(0.8 - 6.2)	7,611	1.3%	(0.9 - 1.8)	NS	No	
Used marijuana in past 30 days																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	569	1.5%*	(0.7 - 3.0)	14,160	4.9%	(4.2 - 5.7)	-	239	2.5%*	(1.2 - 5.4)	6,143	7.2%	(6.0 - 8.6)	-	330	0.4%*	(0.1 - 2.7)	8,017	2.7%	(2.1 - 3.5)	NS	No	
2017																							
2018																							
2019	267	1.3%*	(0.4 - 4.2)	6,952	7.2%	(6.3 - 8.3)	-	124	1.4%*	(0.2 - 9.0)	3,129	9.3%	(7.7 - 11.1)	NS	143	1.3%*	(0.4 - 4.5)	3,823	5.3%	(4.2 - 6.6)	NS	No	
2020	224	3.3%*	(1.3 - 7.9)	6,517	6.9%	(5.8 - 8.1)	NS	109	3.1%*	(1.0 - 9.6)	2,951	7.2%	(5.8 - 8.9)	NS	115	3.4%*	(0.8 - 13.3)	3,566	6.6%	(5.1 - 8.4)	NS	No	
Opioid misuse in past year																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016																							
2017																							
2018	256	2.4%*	(1.1 - 5.1)	6,622	4.3%	(3.6 - 5.1)	NS	108	2.0%*	(0.7 - 5.7)	2,941	4.7%	(3.6 - 6.0)	NS	148	2.8%*	(1.0 - 7.6)	3,675	3.9%	(3.0 - 5.0)	NS	No	
2019	266	2.6%*	(1.2 - 5.5)	6,890	3.4%	(2.8 - 4.1)	NS	123	2.5%*	(0.9 - 6.7)	3,100	2.9%	(2.2 - 3.9)	NS	143	2.6%*	(0.8 - 8.2)	3,790	3.9%	(3.1 - 5.0)	NS	No	
2020	224	4.3%*	(2.0 - 9.2)	6,492	2.9%	(2.3 - 3.7)	NS	109	2.4%*	(0.7 - 7.8)	2,936	2.9%	(2.0 - 4.1)	NS	115	6.5%*	(2.4 - 16.4)	3,556	3.0%	(2.2 - 3.9)	NS	No	





Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>	
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)
Ever been tested for HIV, 18-64 year olds (excluding blood donation)																						
2011	523	20.0%	(16.3 - 24.4)	15,561	30.8%	(29.7 - 31.8)	-	213	16.4%	(11.6 - 22.7)	6,612	28.4%	(27.0 - 29.9)	-	310	24.1%	(18.7 - 30.4)	8,949	33.1%	(31.7 - 34.6)	-	No
2012	371	17.5%	(13.2 - 22.9)	11,879	30.9%	(29.8 - 32.1)	-	162	18.5%	(12.2 - 27.0)	5,254	27.9%	(26.3 - 29.5)	NS	209	16.5%	(11.1 - 23.9)	6,625	34.0%	(32.4 - 35.7)	-	No
2013	344	18.0%	(13.6 - 23.5)	10,049	31.8%	(30.3 - 33.3)	-	141	18.4%	(12.2 - 26.8)	4,304	29.1%	(27.0 - 31.3)	-	203	17.7%	(12.0 - 25.2)	5,745	34.4%	(32.5 - 36.4)	-	No
2014	475	24.2%	(19.3 - 29.8)	13,474	30.9%	(29.6 - 32.2)	NS	198	24.1%	(16.7 - 33.4)	6,042	28.6%	(26.8 - 30.5)	NS	277	24.3%	(18.5 - 31.1)	7,432	33.2%	(31.4 - 35.0)	-	No
2015	381	23.5%	(18.4 - 29.4)	10,152	32.0%	(30.6 - 33.5)	-	182	19.2%	(13.6 - 26.4)	4,604	29.2%	(27.2 - 31.4)	-	199	27.8%	(19.9 - 37.4)	5,548	34.9%	(32.9 - 36.9)	NS	No
2016	344	20.4%	(15.5 - 26.3)	9,145	31.9%	(30.4 - 33.5)	-	156	17.5%	(11.5 - 25.7)	4,263	28.5%	(26.4 - 30.7)	-	188	23.3%	(16.3 - 32.3)	4,882	35.4%	(33.2 - 37.6)	-	No
2017	339	25.8%	(20.6 - 31.8)	8,825	31.9%	(30.4 - 33.4)	NS	151	24.5%	(17.4 - 33.3)	4,176	29.0%	(26.9 - 31.2)	NS	187	27.4%	(20.1 - 36.1)	4,647	34.8%	(32.7 - 37.0)	NS	No
2018	340	20.3%	(15.7 - 25.8)	8,371	30.0%	(28.6 - 31.5)	-	163	16.8%	(11.2 - 24.6)	3,919	27.1%	(25.1 - 29.2)	-	177	23.9%	(17.2 - 32.1)	4,446	33.0%	(31.0 - 35.0)	NS	No
2019	281	22.7%	(17.4 - 29.0)	8,515	37.1%	(35.7 - 38.5)	-	137	16.0%	(10.1 - 24.3)	4,101	33.9%	(31.9 - 35.9)	-	144	29.5%	(21.4 - 39.3)	4,414	40.4%	(38.3 - 42.4)	NS	No
2020	282	21.6%	(16.7 - 27.4)	8,353	29.4%	(27.9 - 30.8)	-	143	15.1%	(10.1 - 22.0)	4,106	27.2%	(25.2 - 29.2)	-	139	28.0%	(20.1 - 37.5)	4,247	31.6%	(29.6 - 33.6)	NS	No
<b>Oral Health</b>																						
Visited a dentist or dental clinic for any reason in past year <sup>a</sup>																						
2011																						
2012	606	71.3%	(66.4 - 75.7)	19,052	67.6%	(66.6 - 68.5)	NS	253	66.9%	(59.6 - 73.5)	7,827	64.2%	(62.7 - 65.6)	NS	353	75.6%	(68.8 - 81.3)	11,225	70.9%	(69.6 - 72.1)	NS	No
2013																						
2014	821	67.1%	(62.8 - 71.2)	22,258	66.4%	(65.4 - 67.4)	NS	345	62.4%	(55.7 - 68.7)	9,544	63.2%	(61.7 - 64.8)	NS	476	71.8%	(66.3 - 76.7)	12,714	69.5%	(68.1 - 70.8)	NS	No
2015																						
2016	605	70.0%	(65.0 - 74.5)	15,089	68.7%	(67.5 - 69.9)	NS	257	67.6%	(59.9 - 74.5)	6,597	65.9%	(64.1 - 67.7)	NS	348	72.4%	(65.9 - 78.0)	8,492	71.4%	(69.8 - 73.0)	NS	No
2017																						
2018	592	67.7%	(62.7 - 72.3)	14,537	67.7%	(66.5 - 68.9)	NS	277	61.1%	(53.5 - 68.1)	6,514	63.6%	(61.8 - 65.3)	NS	315	74.3%	(67.9 - 79.8)	8,009	71.8%	(70.3 - 73.4)	NS	No
2019																						
2020	527	70.1%	(65.1 - 74.7)	14,686	68.1%	(67.0 - 69.3)	NS	263	65.6%	(58.3 - 72.2)	6,750	63.7%	(61.9 - 65.3)	NS	264	74.6%	(67.4 - 80.6)	7,936	72.5%	(71.0 - 74.0)	NS	No
Had any permanent teeth extracted due to tooth decay or gum disease																						
2011																						
2012	595	41.9%	(37.1 - 46.9)	18,824	39.8%	(38.8 - 40.8)	NS	248	44.6%	(37.3 - 52.1)	7,750	39.2%	(37.7 - 40.6)	NS	347	39.4%	(33.2 - 45.9)	11,074	40.4%	(39.1 - 41.7)	NS	No
2013																						
2014	809	42.2%	(38.1 - 46.5)	22,085	39.1%	(38.1 - 40.1)	NS	343	45.0%	(38.7 - 51.6)	9,490	39.4%	(37.9 - 40.9)	NS	466	39.5%	(34.2 - 45.0)	12,595	38.9%	(37.5 - 40.2)	NS	No
2015																						
2016	603	43.8%	(38.8 - 48.9)	14,988	38.2%	(37.0 - 39.4)	NS	255	43.1%	(35.8 - 50.7)	6,559	37.6%	(35.8 - 39.3)	NS	348	44.4%	(37.8 - 51.3)	8,429	38.9%	(37.3 - 40.5)	NS	No
2017																						
2018	585	39.5%	(34.8 - 44.5)	14,414	37.8%	(36.7 - 39.0)	NS	272	45.4%	(38.2 - 52.8)	6,465	38.0%	(36.3 - 39.7)	NS	313	33.8%	(27.9 - 40.2)	7,935	37.7%	(36.1 - 39.2)	NS	No
2019																						
2020	517	40.1%	(35.3 - 45.2)	14,524	35.4%	(34.3 - 36.6)	NS	258	41.1%	(34.4 - 48.1)	6,699	35.7%	(34.1 - 37.4)	NS	259	39.2%	(32.3 - 46.5)	7,825	35.2%	(33.6 - 36.7)	NS	No
Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds <sup>a</sup>																						
2011																						
2012	242	42.5%	(35.4 - 50.0)	7,138	47.7%	(46.1 - 49.3)	NS	101	42.6%*	(31.8 - 54.1)	3,077	48.7%	(46.3 - 51.1)	NS	141	42.5%	(33.3 - 52.3)	4,061	46.7%	(44.6 - 48.8)	NS	No
2013																						
2014	306	46.9%	(40.7 - 53.1)	8,200	45.9%	(44.3 - 47.5)	NS	131	46.0%	(37.0 - 55.3)	3,631	47.5%	(45.1 - 50.0)	NS	175	47.7%	(39.5 - 56.1)	4,569	44.3%	(42.1 - 46.5)	NS	No
2015																						
2016	230	50.1%	(42.7 - 57.4)	5,356	45.1%	(43.1 - 47.1)	NS	110	49.9%*	(39.4 - 60.3)	2,446	46.4%	(43.5 - 49.3)	NS	120	50.3%	(40.6 - 60.0)	2,910	43.8%	(41.2 - 46.5)	NS	No
2017																						
2018	228	39.9%	(33.0 - 47.3)	4,778	44.8%	(42.8 - 46.8)	NS	110	45.6%*	(35.2 - 56.4)	2,183	45.7%	(42.7 - 48.7)	NS	118	33.7%	(25.1 - 43.5)	2,592	43.8%	(41.1 - 46.6)	NS	No
2019																						
2020	157	42.6%	(34.3 - 51.2)	4,645	41.4%	(39.4 - 43.4)	NS	76	41.2%*	(29.7 - 53.7)	2,167	42.7%	(39.7 - 45.6)	NS	81	43.9%*	(32.5 - 55.9)	2,478	40.1%	(37.5 - 42.8)	NS	No
Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older																						
2011																						
2012	208	11.0%	(7.2 - 16.4)	6,502	13.4%	(12.3 - 14.5)	NS	83	12.4%	(6.9 - 21.5)	2,313	12.0%	(10.3 - 13.9)	NS	125	9.5%	(5.2 - 16.6)	4,189	14.4%	(13.0 - 16.0)	NS	No
2013																						
2014	296	14.7%	(10.1 - 20.9)	7,657	14.1%	(13.0 - 15.2)	NS	129	16.4%*	(9.6 - 26.6)	3,010	14.4%	(12.8 - 16.3)	NS	167	12.8%	(7.7 - 20.6)	4,647	13.8%	(12.5 - 15.2)	NS	No
2015																						
2016	228	8.0%	(5.0 - 12.7)	5,179	13.2%	(11.9 - 14.6)	NS	85	6.5%*	(2.7 - 14.4)	1,993	10.6%	(9.0 - 12.5)	NS	143	9.5%	(5.4 - 16.0)	3,186	15.3%	(13.5 - 17.3)	NS	No
2017																						
2018	211	9.2%	(5.7 - 14.5)	5,274	12.3%	(11.1 - 13.6)	NS	93	7.6%*	(3.5 - 15.8)	2,202	11.4%	(9.7 - 13.3)	NS	118	10.5%*	(5.7 - 18.5)	3,070	13.1%	(11.4 - 14.9)	NS	No
2019																						
2020	213	14.3%	(9.0 - 22.1)	5,239	10.6%	(9.5 - 11.9)	NS	104	21.5%*	(13.1 - 33.1)	2,136	11.7%	(9.9 - 13.7)	NS	109	7.0%*	(2.3 - 19.6)	3,103	9.8%	(8.4 - 11.3)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>								
	Four Corners			State of NE			Four Corners			State of NE			Four Corners				State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>		
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds <sup>a</sup>																								
2011																								
2012	103	12.3%	(6.9 - 20.8)	3,149	11.3%	(9.9 - 12.8)	NS	**	**	**	**	1,268	9.3%	(7.5 - 11.4)		59	7.7%*	(3.1 - 17.8)	1,881	13.1%	(11.1 - 15.3)	NS		
2013																								
2014	166	15.0%	(9.0 - 23.8)	4,089	10.9%	(9.6 - 12.3)	NS	86	16.9%*	(8.9 - 29.7)	1,804	12.0%	(9.9 - 14.4)	NS	80	11.9%*	(5.2 - 24.7)	2,285	9.8%	(8.3 - 11.7)	NS	No		
2015																								
2016	120	9.6%*	(5.1 - 17.3)	2,815	10.4%	(9.0 - 12.0)	NS	**	**	**	**	1,168	8.8%	(6.9 - 11.2)		73	10.2%*	(4.7 - 20.9)	1,647	11.8%	(9.9 - 14.1)	NS		
2017																								
2018	129	6.3%*	(3.0 - 12.7)	2,948	9.3%	(7.9 - 10.8)	NS	58	5.7%*	(1.8 - 16.4)	1,319	9.2%	(7.4 - 11.4)	NS	71	6.8%*	(2.5 - 16.8)	1,629	9.3%	(7.5 - 11.5)	NS	No		
2019																								
2020	117	15.0%*	(8.2 - 25.9)	2,971	7.6%	(6.3 - 9.0)	NS	55	20.9%*	(10.9 - 36.2)	1,281	8.1%	(6.2 - 10.5)	+	62	9.0%*	(2.3 - 29.4)	1,690	7.0%	(5.5 - 9.0)	NS	No		
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	561	67.7%	(62.4 - 72.5)	13,764	67.4%	(66.1 - 68.6)	NS	239	64.3%	(56.2 - 71.6)	6,092	63.9%	(62.0 - 65.8)	NS	322	71.0%	(64.2 - 77.0)	7,672	70.8%	(69.1 - 72.5)	NS	No		
2017																								
2018	552	64.8%	(59.5 - 69.7)	13,356	65.8%	(64.6 - 67.0)	NS	260	59.1%	(51.3 - 66.5)	6,015	61.2%	(59.3 - 63.0)	NS	292	70.5%	(63.4 - 76.6)	7,328	70.3%	(68.7 - 72.0)	NS	No		
2019																								
2020																								
Visited hospital ER for tooth pain or dental problem in past year (excluding injury or trauma)																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016																								
2017																								
2018																								
2019	529	2.5%*	(1.3 - 4.7)	13,815	4.3%	(3.8 - 4.8)	NS	239	3.2%*	(1.3 - 7.7)	6,199	4.6%	(3.9 - 5.4)	NS	290	1.9%*	(0.9 - 4.1)	7,616	3.9%	(3.3 - 4.7)	NS	No		
2020	483	4.5%	(2.7 - 7.7)	13,422	2.4%	(2.0 - 2.8)	NS	239	5.8%*	(2.9 - 11.1)	6,108	2.4%	(1.9 - 3.0)	NS	244	3.3%*	(1.4 - 7.7)	7,314	2.4%	(1.8 - 3.1)	NS	No		
<b>Eye Care Access and Utilization</b>																								
No health insurance coverage for eye care, aged 40 years and older																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	126	53.5%*	(42.8 - 63.9)	2,824	42.1%	(39.4 - 44.8)	NS	59	55.2%*	(39.4 - 70.1)	1,204	42.5%	(38.4 - 46.8)	NS	67	51.4%*	(37.8 - 64.8)	1,620	41.6%	(38.2 - 45.2)	NS	No		
2017	418	51.2%	(45.7 - 56.6)	10,237	44.2%	(42.8 - 45.7)	NS	170	48.5%	(40.1 - 56.9)	4,471	44.9%	(42.7 - 47.1)	NS	247	53.9%	(46.8 - 61.0)	5,763	43.6%	(41.6 - 45.5)	+	No		
2018	436	52.4%	(47.0 - 57.8)	9,986	43.5%	(42.1 - 44.9)	+	205	49.3%	(41.2 - 57.4)	4,326	42.9%	(40.8 - 45.1)	NS	231	55.6%	(48.4 - 62.6)	5,656	44.0%	(42.1 - 45.9)	+	No		
2019																								
2020																								
Had eye exam by doctor or eye care provider in past year, aged 40 years and older																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	130	57.7%*	(46.7 - 68.0)	2,863	61.4%	(58.6 - 64.1)	NS	62	50.6%*	(35.3 - 65.8)	1,220	58.2%	(53.9 - 62.4)	NS	68	66.8%*	(52.5 - 78.5)	1,643	64.2%	(60.6 - 67.7)	NS	No		
2017	428	65.4%	(59.9 - 70.5)	10,380	61.8%	(60.4 - 63.3)	NS	175	61.8%	(53.2 - 69.7)	4,532	58.1%	(55.9 - 60.3)	NS	252	69.1%	(62.0 - 75.3)	5,845	65.3%	(63.3 - 67.2)	NS	No		
2018	447	65.5%	(60.3 - 70.3)	10,126	62.2%	(60.8 - 63.6)	NS	207	66.4%	(58.6 - 73.3)	4,389	59.7%	(57.5 - 61.8)	NS	240	64.7%	(57.7 - 71.0)	5,733	64.5%	(62.6 - 66.4)	NS	No		
2019																								
2020																								

Indicators	Overall							Men							Women							LHD Gender Diff. <sup>e</sup>	
	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>		
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)			n <sup>a</sup>
<b>Social Context</b>																							
Housing insecurity in past year, among those who own or rent their home <sup>a</sup>																							
2011																							
2012	242	18.7%	(12.7 - 26.5)	6,089	26.6%	(25.0 - 28.3)	NS	102	18.5%*	(10.7 - 30.0)	2,481	24.7%	(22.3 - 27.3)	NS	140	18.8%*	(10.9 - 30.6)	3,608	28.5%	(26.3 - 30.8)	NS	No	
2013	259	18.3%	(13.4 - 24.6)	7,324	28.8%	(27.1 - 30.5)	-	99	14.7%	(8.3 - 24.6)	2,961	25.0%	(22.5 - 27.7)	NS	160	21.2%	(14.7 - 29.7)	4,363	32.3%	(30.0 - 34.7)	-	No	
2014																							
2015	293	31.4%	(24.9 - 38.9)	7,461	28.5%	(26.8 - 30.2)	NS	138	25.5%	(17.7 - 35.4)	3,109	26.6%	(24.2 - 29.2)	NS	155	37.3%*	(27.2 - 48.5)	4,352	30.3%	(28.1 - 32.5)	NS	No	
2016																							
2017																							
2018																							
2019																							
2020																							
Food insecurity in past year <sup>a</sup>																							
2011																							
2012	263	15.8%	(9.8 - 24.5)	6,621	17.6%	(16.2 - 19.0)	NS	114	9.8%*	(4.3 - 20.6)	2,684	13.9%	(12.1 - 16.0)	NS	149	21.9%*	(12.3 - 35.9)	3,937	21.1%	(19.1 - 23.2)	NS	No	
2013	269	11.4%	(7.5 - 16.8)	7,828	19.0%	(17.6 - 20.6)	-	106	11.8%*	(6.1 - 21.6)	3,159	15.4%	(13.4 - 17.7)	NS	163	11.0%	(6.6 - 17.8)	4,669	22.5%	(20.5 - 24.6)	-	No	
2014																							
2015	305	23.6%	(17.6 - 31.0)	7,918	21.0%	(19.5 - 22.5)	NS	145	21.3%	(14.0 - 31.2)	3,309	17.9%	(15.8 - 20.2)	NS	160	25.9%*	(17.0 - 37.3)	4,609	24.0%	(22.1 - 26.1)	NS	No	
2016																							
2017																							
2018																							
2019																							
2020																							
<b>Caregiving</b>																							
Provided regular care/assistance in past month to friend or family member with health issue																							
2011																							
2012																							
2013																							
2014																							
2015	292	25.0%	(18.3 - 33.1)	7,883	24.7%	(23.2 - 26.2)	NS	130	20.1%*	(11.5 - 32.7)	3,434	21.1%	(19.1 - 23.4)	NS	162	30.4%*	(21.0 - 41.7)	4,449	28.0%	(25.9 - 30.2)	NS	No	
2016																							
2017																							
2018																							
2019																							
2020																							
<b>Cognitive Decline</b>																							
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																							
2011																							
2012																							
2013																							
2014																							
2015	215	9.1%	(5.5 - 14.7)	5,767	9.4%	(8.4 - 10.5)	NS	89	13.7%*	(7.2 - 24.5)	2,436	10.2%	(8.7 - 12.0)	NS	126	5.3%*	(2.6 - 10.7)	3,331	8.6%	(7.3 - 10.2)	NS	No	
2016																							
2017																							
2018																							
2019	211	10.5%	(6.2 - 17.3)	5,060	9.6%	(8.5 - 10.7)	NS	93	14.0%*	(6.7 - 26.8)	2,169	9.3%	(7.9 - 10.9)	NS	118	7.4%*	(3.6 - 14.6)	2,891	9.8%	(8.4 - 11.4)	NS	No	
2020																							
<b>Inadequate Sleep</b>																							
Get less than 7 hours of sleep per day																							
2011																							
2012																							
2013	592	26.3%	(22.1 - 31.1)	16,972	31.8%	(30.6 - 33.0)	NS	239	27.8%	(21.3 - 35.4)	6,927	32.6%	(30.8 - 34.4)	NS	353	24.9%	(19.8 - 30.8)	10,045	31.0%	(29.5 - 32.6)	NS	No	
2014	808	30.1%	(26.1 - 34.5)	22,172	30.0%	(29.0 - 31.0)	NS	341	30.5%	(24.4 - 37.4)	9,527	30.7%	(29.2 - 32.2)	NS	467	29.7%	(24.7 - 35.3)	12,645	29.4%	(28.1 - 30.7)	NS	No	
2015																							
2016	605	26.7%	(22.4 - 31.4)	15,097	29.6%	(28.4 - 30.8)	NS	256	29.0%	(22.4 - 36.6)	6,610	29.7%	(27.9 - 31.5)	NS	349	24.3%	(19.2 - 30.3)	8,487	29.5%	(27.9 - 31.2)	NS	No	
2017																							
2018	591	26.9%	(22.6 - 31.6)	14,535	31.6%	(30.4 - 32.8)	NS	276	27.5%	(21.3 - 34.6)	6,516	32.3%	(30.6 - 34.1)	NS	315	26.3%	(20.6 - 32.9)	8,006	30.9%	(29.3 - 32.5)	NS	No	
2019																							
2020	524	26.8%	(22.5 - 31.7)	14,694	28.2%	(27.1 - 29.4)	NS	264	29.2%	(23.1 - 36.1)	6,765	29.5%	(27.9 - 31.1)	NS	260	24.5%	(18.5 - 31.6)	7,929	27.0%	(25.5 - 28.6)	NS	No	

Indicators	Overall					Men					Women					LHD Gender Diff. e						
	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>	Four Corners			State of NE			Sig <sup>d</sup>	
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)
Average hours of sleep per day																						
2011																						
2012																						
2013	592	7.1	(7.0 - 7.3)	16,972	7.1	(7.0 - 7.1)	NS	239	7.2	(7.0 - 7.3)	6,927	7.0	(7.0 - 7.1)	NS	353	7.1	(7.0 - 7.3)	10,045	7.1	(7.0 - 7.1)	NS	No
2014	808	7.1	(7.0 - 7.2)	22,172	7.1	(7.0 - 7.1)	NS	341	7.0	(6.9 - 7.2)	9,527	7.0	(7.0 - 7.1)	NS	467	7.1	(7.0 - 7.2)	12,645	7.1	(7.1 - 7.1)	NS	No
2015																						
2016	605	7.2	(7.1 - 7.3)	15,097	7.1	(7.1 - 7.1)	NS	256	7.1	(7.0 - 7.3)	6,610	7.1	(7.0 - 7.2)	NS	349	7.3	(7.0 - 7.5)	8,487	7.1	(7.1 - 7.2)	NS	No
2017																						
2018	591	7.2	(7.1 - 7.3)	14,535	7.1	(7.0 - 7.1)	NS	276	7.2	(7.0 - 7.4)	6,516	7.0	(7.0 - 7.1)	NS	315	7.2	(7.0 - 7.3)	8,006	7.1	(7.0 - 7.1)	NS	No
2019																						
2020	524	7.2	(7.0 - 7.3)	14,694	7.1	(7.1 - 7.2)	NS	264	7.1	(6.9 - 7.3)	6,765	7.1	(7.0 - 7.1)	NS	260	7.3	(7.1 - 7.5)	7,929	7.2	(7.1 - 7.2)	NS	No
<b>Occupational Safety and Health</b>																						
Work-related injury or illness in past year, among employed or recently out of work																						
2011																						
2012																						
2013	173	5.5%*	(2.7 - 10.8)	4,952	4.8%	(3.9 - 5.8)	NS	82	8.3%*	(3.8 - 17.4)	2,246	6.1%	(4.8 - 7.7)	NS	91	1.8%*	(0.4 - 7.2)	2,706	3.3%	(2.2 - 4.9)	NS	No
2014	259	1.4%*	(0.6 - 3.4)	6,966	4.9%	(4.1 - 5.9)	-	116	1.0%*	(0.3 - 3.4)	3,403	5.4%	(4.4 - 6.7)	-	143	1.8%*	(0.5 - 5.9)	3,563	4.3%	(3.1 - 6.0)	NS	No
2015	203	4.7%*	(2.2 - 10.0)	5,434	5.7%	(4.7 - 6.8)	NS	103	5.3%*	(1.8 - 15.0)	2,727	7.1%	(5.6 - 9.0)	NS	100	3.9%*	(1.6 - 8.9)	2,707	3.9%	(2.9 - 5.3)	NS	No
2016	86	1.4%*	(0.4 - 5.7)	2,213	4.3%	(3.2 - 5.8)	NS	**	**	**	1,091	5.5%	(3.8 - 7.9)		52	2.3%*	(0.6 - 9.0)	1,122	3.0%	(1.8 - 4.8)	NS	
2017	166	3.6%*	(1.3 - 9.8)	4,448	4.8%	(3.9 - 5.9)	NS	79	4.5%*	(1.4 - 13.6)	2,326	5.7%	(4.4 - 7.5)	NS	87	2.8%*	(0.4 - 17.1)	2,122	3.5%	(2.5 - 5.0)	NS	No
2018																						
2019																						
2020																						
<b>Health Literacy</b>																						
Very easy to get needed advice or information about health or medical topics																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	529	75.7%	(70.6 - 80.1)	13,023	73.6%	(72.3 - 74.8)	NS	218	71.7%	(63.7 - 78.4)	5,525	71.0%	(69.0 - 72.9)	NS	311	79.3%	(72.7 - 84.7)	7,498	75.9%	(74.3 - 77.5)	NS	No
2017	486	76.3%	(71.4 - 80.6)	12,368	74.7%	(73.4 - 75.9)	NS	204	70.1%	(62.0 - 77.1)	5,429	73.2%	(71.3 - 74.9)	NS	281	82.4%	(76.7 - 86.9)	6,935	76.0%	(74.4 - 77.6)	NS	No
2018	498	71.8%	(66.3 - 76.7)	12,041	75.3%	(74.1 - 76.5)	NS	226	68.5%	(60.3 - 75.7)	5,208	73.1%	(71.2 - 74.8)	NS	272	74.8%	(67.2 - 81.1)	6,826	77.3%	(75.7 - 78.8)	NS	No
2019	487	78.7%	(73.9 - 82.9)	12,373	71.5%	(70.3 - 72.6)	+	214	76.1%	(68.2 - 82.6)	5,404	68.9%	(67.2 - 70.7)	NS	273	81.0%	(74.7 - 86.0)	6,969	73.7%	(72.2 - 75.3)	NS	No
2020	447	76.3%	(71.3 - 80.5)	12,294	70.5%	(69.3 - 71.7)	NS	214	75.7%	(68.4 - 81.7)	5,490	67.7%	(65.8 - 69.5)	NS	233	76.8%	(69.8 - 82.6)	6,804	73.2%	(71.5 - 74.8)	NS	No
Very easy to understand information that medical professions tell you																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	565	53.2%	(47.8 - 58.6)	14,129	59.1%	(57.8 - 60.4)	NS	238	49.9%	(42.0 - 57.9)	6,127	55.8%	(53.8 - 57.8)	NS	327	56.5%	(49.1 - 63.6)	8,002	62.2%	(60.5 - 64.0)	NS	No
2017	540	63.0%	(58.0 - 67.8)	13,583	59.6%	(58.2 - 60.8)	NS	233	54.1%	(46.4 - 61.6)	6,099	56.4%	(54.5 - 58.3)	NS	306	72.2%	(66.0 - 77.7)	7,479	62.6%	(60.8 - 64.3)	+	Yes
2018	547	57.5%	(52.1 - 62.7)	13,319	61.2%	(60.0 - 62.5)	NS	256	56.0%	(48.3 - 63.5)	5,923	57.8%	(55.9 - 59.6)	NS	291	58.9%	(51.4 - 66.0)	7,387	64.6%	(62.9 - 66.2)	NS	No
2019	530	59.5%	(54.2 - 64.6)	13,778	58.8%	(57.6 - 60.0)	NS	240	49.0%	(41.4 - 56.7)	6,167	54.1%	(52.4 - 55.9)	NS	290	69.7%	(62.8 - 75.7)	7,611	63.2%	(61.6 - 64.8)	NS	Yes
2020	480	60.3%	(54.9 - 65.5)	13,290	58.4%	(57.1 - 59.7)	NS	236	53.9%	(46.3 - 61.3)	6,034	55.1%	(53.2 - 56.9)	NS	244	66.6%	(59.1 - 73.4)	7,256	61.6%	(59.8 - 63.3)	NS	No
Very easy to understand written health information																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	533	56.8%	(51.3 - 62.1)	12,945	59.7%	(58.3 - 61.0)	NS	218	53.1%	(44.8 - 61.2)	5,491	55.1%	(53.0 - 57.2)	NS	315	60.2%	(52.8 - 67.1)	7,454	63.9%	(62.1 - 65.7)	NS	No
2017	494	62.6%	(57.3 - 67.6)	12,370	59.6%	(58.3 - 61.0)	NS	210	53.4%	(45.2 - 61.4)	5,422	55.0%	(53.0 - 57.0)	NS	283	71.8%	(65.6 - 77.3)	6,944	63.9%	(62.1 - 65.7)	NS	Yes
2018	489	59.8%	(54.0 - 65.3)	11,984	62.7%	(61.4 - 64.0)	NS	225	55.3%	(47.0 - 63.3)	5,174	58.7%	(56.7 - 60.7)	NS	264	64.1%	(56.0 - 71.4)	6,804	66.4%	(64.7 - 68.1)	NS	No
2019	465	58.5%	(52.9 - 63.9)	12,338	60.9%	(59.6 - 62.1)	NS	205	50.3%	(41.9 - 58.7)	5,376	55.7%	(53.8 - 57.6)	NS	260	65.9%	(58.7 - 72.4)	6,962	65.6%	(63.9 - 67.2)	NS	Yes
2020	428	58.5%	(52.8 - 64.0)	12,058	60.0%	(58.6 - 61.3)	NS	203	52.7%	(44.5 - 60.7)	5,348	56.0%	(54.0 - 57.9)	NS	225	63.9%	(56.0 - 71.1)	6,710	63.6%	(61.8 - 65.4)	NS	No

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>	
	Four Corners			State of NE			Four Corners			State of NE			Four Corners			State of NE				
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>

Note: Four Corners Health Department includes the four county LHD region of Butler, Polk, Seward, and York Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due to differences in the software used, how the statistical analysis code was written, or suppression rules; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; Note: small sample size for males or females can make interpreting significance difficult due to large confidence intervals

<sup>^</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Unstable estimate, use data with caution; relative standard error  $\geq$  30% or confidence interval half-width  $\geq$  10.0

\*\* Data suppressed due to sample size < 50 respondents

<sup>^</sup> Visible data are not comparable to earlier years due to changes in question wording

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); December 2021

